Dear Students and Parents,

Welcome to Horace Mann Athletics! Over the next two weeks, our fall athletic teams will arrive on campus for pre-season tryouts and practices. Whether you are a returning athlete, or this is your first year in the Upper Division, we are very excited about the prospect of your continuing in or joining our program.

Although this information pertains to all sports throughout the year and will at some point come into play during your anticipated participation, it is time sensitive for our fall prospective student-athletes.

This letter is intended to provide you with the means for a smooth and successful start by sharing general information all student-athletes need to know. By utilizing the school website as the main vehicle for communication, the link provided at the end of this letter will bring you to the start-up Athletic Packet and all the paperwork requirements needed for the first day of practice/tryout.

Our student-athletes’ safe participation is a priority. In order to enable our athletic training staff and coaches to ensure a safe environment, each student-athlete’s complete medical information in the form of the School Medical Record must be on file in the Nurse’s office prior to the beginning of any participation. The requested Emergency Card found in the Athletic Packet will supplement the School Medical Record.

In the fall of 2010, the Horace Mann School established Best Practices and Management Protocol for concussions. This summer, there has been a significant advancement in regard to concussion policy in New York State. The Athletic Packet includes important information on concussions and an acknowledgment form.

Given the inherent difficulties in concussion management, it is important to manage concussions on an individualized basis. In conjunction with our concussion management protocols, we have also conducted ImPACT concussion testing for all Upper Division student-athletes to establish a baseline/pre-injury reading. The letter included in the Athletic Packet from our Athletic Trainer, Amy Mojica, goes into greater detail and includes a Consent Form. Beginning this fall, 2012, all students regardless as to whether they are members of an athletic team will also have the opportunity through physical education classes to take the ImPACT test.

The Fall Pre-Season Tryout and Practice Schedule is also provided within the Athletic Packet. All prospective athletes are required to attend the posted dates. The school does not provide transportation or food services during the pre-season period.

In anticipation of becoming a member of a team, you do so acknowledging that we have many expectations along with policy and procedures for support. Everyone involved in the delivery of athletics possesses a unique opportunity to teach positive life skills. Many times team rules may vary from sport to sport, and coach to coach. Parents bear equal responsibility to the team concept by means of fostering and modeling these expectations. Parents are encouraged to contact coaches for specific team requirements.
Finally, our coaches are well aware and supportive of the life of a student-athlete here at Horace Mann. Conflicts must be avoided during the sport season and communication with your coach in advance is critical.

Our entire staff is eager to get started as we prepare to represent our wonderful school wearing the maroon and white. Go Lions!

Regards,

Robert Annunziata
Director of Athletics, Health and Physical Education

The checklist below is provided to assist with organizing all forms. (If you are already in possession of any of the forms listed below, they are acceptable for submission)

- Code of Conduct/Training Rules/Assumption of Risk Form
- Athletic Emergency Card
- ImPACT Consent Form
- Concussion Policy and Acknowledgment Form – (New)

For your convenience, each form has been formatted to allow information to be added while still open on your screen. When completed, print the forms for review and then add signatures where required.

Click the link below for the Athletic Packet or visit the athletic website:
http://www.horacemann.org/page.cfm?p=1386

After completing the forms, view team schedules by clicking on Upper Division Teams and Schedules located on the athletic page.